



## *Creating Your Victim Impact Statement*

A Victim Impact Statement is a brief narrative that gives you, the survivor, a chance to make your voice heard in court. While this statement doesn't necessarily influence a judge during sentencing, it gives you the opportunity to voice your truth on the record.

1. Keep it **ONE** page long for impact purposes.
2. Your statement must be addressed to the judge, not the individual who harmed you.
3. Be clear, concise and avoid repetition and/or profanity.
4. Your statement may also include the following
  - *Feelings/comments on how the crime has affected you and your family (emotional, physical & financial aspects).*
  - *Your feelings on the proposed plea agreement.*
  - *The consequences that you would like the judge to consider (time served, probation, treatment, counseling, community service work, etc.)*

If you are in distress and need support, or would like assistance with your Victim Impact Statement, contact our office via email at [info@crimevictimservices.net](mailto:info@crimevictimservices.net) or by phone at (218) 828-9518